

# Te Mahuri Hub Newsletter Term 3 #3

## Swimming

This week begins our fortnight of daily swimming lessons. The children will walk down to the Selwyn Aquatic Centre via Foster Park each day. Our class will have their lessons at **2pm each day for the next 2 weeks.**

We will need to leave 30 minutes earlier to make sure we are there on time. The students will be let out to lunch slightly earlier to have a full 40 minute break. We will begin walking down at 1.30pm and lessons will commence at 2pm. On return, students will return back to the classroom to be released for  
hometime.

Children need **NAMED** togs, towel, goggles (optional but helpful) and a swimming backpack or they can use their school backpack. Please **name** all uniform.

## Cyberbullying Awareness

Please make sure that if your child regularly uses the internet that you have had a conversation with them about the risks of social media etc. This is something we have explored as a class, but is extremely relevant in this age group. Please also encourage your child to bring their cellphone to school for emergencies only and these stay inside their bags all day as they are not allowed out.

I encourage you to attend the Cyber-safety evening being held this Thursday at Rolleston College.

Below is a helpful link to read and discuss with your child, it also includes some handy tips;

<https://www.bullyingfree.nz/about-bullying/cyberbullying/>



## Living Christianly

We are focussing on Hope and Love. We are exploring the many ways that Jesus gave Hope while on earth, and the Hope we can find in him today. Please ask your child to tell you the memory verse they have memorised and also get them to share their experiences on each lesson. We make Living Christianly a time where we are free to speak, share our opinions and ask the hard questions while reflecting on our faith- what a special opportunity and peaceful way to start a Friday!

*Do not let your HEARTS be  
troubled. TRUST in GOD;  
trust also in me.*

— JOHN 14:1 —

## Reminders

- Please insist on the correct uniform being worn to school. This includes black shoes, black socks, black tights and long hair tied back. Please also insist that your child wears their school polar fleece and not another 'mufti' jacket. Also, only school hats which are compulsory in the 4th term.
- Check in with your child about the "little things" goals they have set for themselves. For example, they might be focussing on taking their shoes off inside or valuing the person who is talking.

## Up-and-Coming Events

<b>Wk 5/6</b>	Everyday for 2 weeks	<b>Swimming Lessons at Selwyn Aquatic Centre</b> - Swimming lessons will happen every day during Week 5 & 6. We walk to the Aquatic Centre.
<b>Wk 5</b>	Wed 21st Aug	<b>School Photos- Wednesday morning.</b> Please come in the <b>correct</b> school uniform.

Learning the valuable life skill of cooking at Technology! With a special focus on experimenting with gluten free and vegan alternatives!

